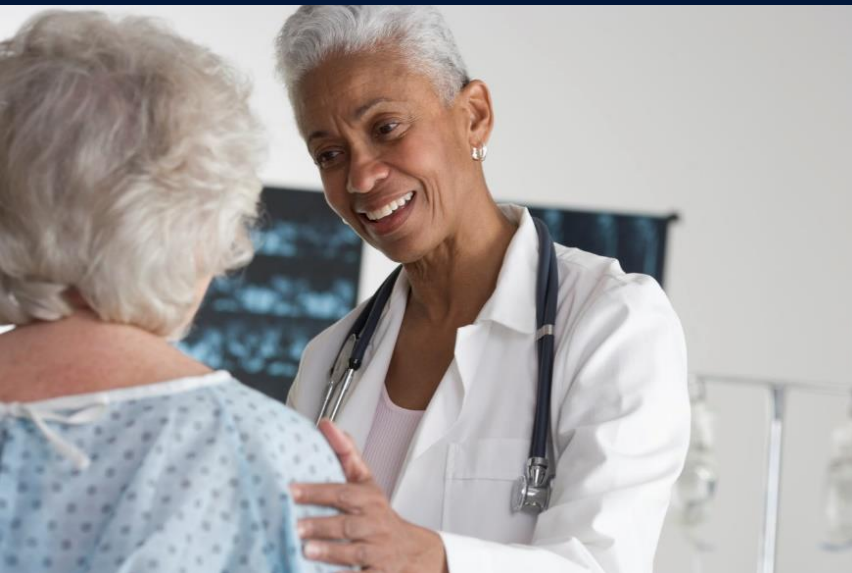


HCBS and Katie Beckett Waiver Overview



**DEPARTMENT OF
SOCIAL SERVICES**

September 2024



- Medicaid offers long term services and supports through a variety of mechanisms
 - Long Term Care – which are institutional settings
 - Home and Community Based Services (HCBS) – both state plan and waivers
- HCBS can be further broken down by their funding mechanisms and their availability to Medicaid members
 - State Plan Services – must be offered to all eligible members, cannot have a waitlist, and cannot be geographically limited
 - Waiver Services – “waive” certain Medicaid requirements. Allows for services to be limited to available slots with a waitlist, higher income limits than standard Medicaid, and unique services and supports not available to all Medicaid members



State Plan Program	Eligibility Requirements	Services Offered (examples not inclusive of all services)
Home Health Benefit	<ul style="list-style-type: none">• Standard Medicaid	<ul style="list-style-type: none">• Skilled Nursing• Home Health Aides• PT, OT, SLP
Community First Choice (CFC)	<ul style="list-style-type: none">• Must already be active on Medicaid• Meets Level of Care• Live in an approved community setting	<ul style="list-style-type: none">• Personal Care Attendant (PCA)• Home delivered meals• Assistive technology• Home modifications



General overview of program and waiting list

- Provides access to Medicaid for medically fragile individuals up to the age of 21 who would otherwise only qualify based on the resources of their parents
- Eligibility is based solely on the income and assets of the participant/child
- Only unique waiver service is nursing case management; program allows access to Medicaid State Plan services, which is in contrast to other 1915(c) waivers that have numerous waiver services available only to individuals on the waiver
- Maximum of 342 participants
- Currently 328 actively receiving services
- Currently 319 on the waiting list
- Currently 14 pending eligibility

What conditions are most common on the waiting list and being served?

- Incurable genetic syndromes with neuro-muscular involvement
- Cerebral palsy

What system is being used to manage the waiting list?

- An internal app that was developed and managed by DSS is used to manage the waitlist
- DSS also maintains hard copies of the waiting list application form

How many people apply for the Katie Beckett Waiver per month?

- An approximate average of 6 individuals apply for and are added to the waitlist each month.

How many people are on the waiting list each year over the past 5 years

- January 2020 - 243
- January 2021 - 244
- January 2022 - 263
- January 2023 - 282
- January 2024 – 294
- Currently as of 9/24/24 – 323

What is the cost per Katie Beckett participant?

- Average total Medicaid expenditures in 2023 was \$54,452.77
- Average total waiver service expenditures in 2023 was \$218.00, as nursing case management is the only waiver service

Appendix



*** Skilled Nursing Facility Level of Care**

- Supervision or cueing ≥ 3 Activities of Daily Living (ADLs) + need factor; OR
- Hands-on ≥ 3 ADLs; OR
- Hands-on ≥ 2 ADLs + need factor; OR
- A cognitive impairment which requires daily supervision to prevent harm

*** Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID)**

*** Sub-acute**

- Comprehensive medical monitoring; OR
- Intensive medical supervision such as intermittent nursing services throughout the day; OR
- Have high intensity rehabilitative needs, are ventilator dependent, have complex wound care needs, or a need for specialized infusion therapy.

*** Chronic Disease Hospital**



Waiver Program	Eligibility Requirements	Services Offered (examples not inclusive of all services)	Waitlist
Katie Beckett	<ul style="list-style-type: none">Children, in the community, under the age of 22 with significant needs that would otherwise req Institutional Care	<ul style="list-style-type: none">Case ManagementAccess to Medicaid State Plan services	Yes +4 years
Personal Care Attendant (PCA)	<ul style="list-style-type: none">Age 18-64Significant needs that would otherwise req Institutional Care	<ul style="list-style-type: none">Agency-based PCAAdult Day CentersAdult Family LivingPersonal Emergency ResponseMental Health Counseling	Yes +3 years
Acquired Brain Injury (ABI) I & II	<ul style="list-style-type: none">Age 18-64Must have a qualifying brain injury	<ul style="list-style-type: none">Group Day supportsIndependent Life Skills TrainingPCARecovery AssistantCognitive Behavioral Therapy	ABI I – closed ABI II – waitlist
CHCPE	<ul style="list-style-type: none">Age 65+At risk of instructional care or at institutional level of care	<ul style="list-style-type: none">Homemaker/companionPCAAdult Day Centers	No



Waiver Program	Eligibility Requirements	Services Offered	Waitlist
Autism	<ul style="list-style-type: none">• Primary Diagnosis of Autism• Cannot have a developmental disability Diagnosis	<ul style="list-style-type: none">• Clinical behavioral support• Job coaching• Life skills coaching• Social skills groups• Respite services	Yes 5 + years
Comprehensive Waiver	<ul style="list-style-type: none">• Intellectual and/or developmental disability• Significant physical, behavioral or medical support needs	<ul style="list-style-type: none">• Community living arrangements and comprehensive residential supports• Day and employment services	No
Individual and Family Supports (IFS)	<ul style="list-style-type: none">• Intellectual and/or developmental disability• Focuses on in home residential supports	<ul style="list-style-type: none">• Supported employment• Individualized home supports• Employment and day programs	No
Employment and Day Supports (EDS)	<ul style="list-style-type: none">• Intellectual and/or developmental disability• Young adults transitioning from high school to work	<ul style="list-style-type: none">• Community based supports• Employment and day programs	No
Mental Health	<ul style="list-style-type: none">• Age 22+• Serious mental illness and Nursing facility level of care	<ul style="list-style-type: none">• Community support• Recovery assistance• Supported employment	Yes 1-2 months



- Katie Beckett Waiver 800-445-5394 Option 3
- CHCPE 800-445-5394 Option 4
- Autism Services - [Autism Resources - DDS - http://portal.ct.gov](http://portal.ct.gov)
- To apply for MFP or CFC: <https://ctmfp.com/> (211 for CFC)
- To apply for CHESS: [Apply CT CHESS - Home \(ctchessdss.com\)](http://ctchessdss.com)
- DDS Services - [How to Apply for DDS Services \(ct.gov\)](http://ct.gov)
- Mental Health Waiver - [Mental Health Waiver \(ct.gov\)](http://ct.gov)
- For more information on MFP programs call 1-888-992-8637

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